

Please, Sorry, I Love You

Last year we learned the 5 finger prayer model; a simple modification to that is the "Please, Sorry, I Love You" prayer.

In Kidzone, we want our kids to know how simple and powerful it is to talk to Jesus. Talking to God is like having a conversation with a friend - it's a time to be honest and vulnerable. We want to model the importance of cultivating a personal relationship with Christ. If you are able, use the 5 Finger Prayer or the, "Please, Sorry, I Love You" model with your children at home!



Please

God wants to hear your inner thoughts and requests. Our God is powerful and able; we need His strength in our lives. Invite God to help you in your life, in your friendships, for your family and for those you don't know. He is able to do more than we can ask or think, for His glory — Ephesians 3:20-21.



Sorry

We all sin and make mistakes. John 1:9 reminds us that our God is merciful and forgiving. We do not have to be afraid to admit our mistakes! God promises to forgive us when we say sorry and repent of our sins. Also, take this time to forgive those who have hurt you. Just as God forgives us, we are called to forgive others — Ephesians 4:32.



I Love You

Tell God how much you love Him with all your heart and soul! When you love someone, it's hard not to talk about their characteristics and how much they mean to you. Model and talk to your kids about God's loving character: His mercy, grace, kindness and friendship. What a privilege it is to love the God that first loved us — 1 John 4:19.

25-SK'S

2s-SK Prayer Resources

5 Finger Prayer Model



Thumb — Praise & Thanks. Think of praise and thanksgiving words that you can share to God!

Pointer Finger — I'm Sorry. Tell God your mistakes.

Examples include: lying, hurting others, disobeying...

Middle Finger — Forgive Me. After we confess our sins, we ask for forgiveness and take time to forgive others.

Ring Finger — Please. This is the part of the prayer where we present our requests. Remember, we serve a powerful God who can hear us.

Pinky Finger — I love you! Tell God how much you love Him.

Praying for Others



Try this fun activity with your kids! Get popsicle sticks or pieces of paper and encourage your child to write down names - family, friends, teachers, leaders, ANYONE! Place the names in a bowl and ask your child to pick a name out and pray for the individual during prayer times.

Prayer Ball



Grab a ball and a sheet of paper. Divide the paper into 8 rectangles and attribute each rectangle to a category: world, people, protection, sorry, help, please, thanks, myself. Glue or tape the categories onto the ball. Have your child roll the ball and pick a category at random - now pray for it!

Role Model



It's important to role model prayer for our children. Take time to share your own prayers and ask your child to share theirs. Pray together! Cultivate a life of prayer at home by praying spontaneously throughout the day with your child - while getting ready for school, before meals, while on a walk, in the grocery store, driving in the car; ANYWHERE!

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