



## Monday: Bible Verse

**“Obey me, and I will be your God and you will be my people. Walk in obedience to all I command you, that it may go well with you.”**

**Jeremiah 7:23**

Choose a leader for a game of Follow the Leader.

Then follow your leader around the house, repeating Jeremiah 7:23 as you go. Choose a new leader and do it again!



## Tuesday: Talk!

**Check out Judges 13:1—16:31.** It would have been better for Samson to remember to obey God’s rules throughout his life! What’s something that is really good for you?



## Wednesday: Bible Bit

**Read Psalm 65:1-5.** How many good things do you read about in these verses? It is good for us to spend time with God. Pray some words from these verses today!

## Connecting to Jesus

Even before Samson was born, God chose him to rescue, or deliver, His people. Jesus was also born to be a deliverer. Samson chose to live in a way that didn’t live up to what God wanted him to do. But Jesus was different from Samson! Jesus DID live the way God wanted Him to. And when Jesus died on a cross and came back to life again, He showed that He is the perfect deliverer, not just for the Israelites, but for all people.



## Thursday: Big Idea

**My sin can't stop God's plan, but obeying God is good for me.**

**Read Psalm 147:1,7.** What good thing to do is described here? Talk about songs you love to sing to God, and then sing one!



## Friday: ANOTHER Bible Bit

**Read Romans 12:17-21.** Talk about ways your family can overcome evil with good—it's good for us, too!



## Saturday: Just for Fun

Eating an apple a day is something that is good for us. Just for fun, have a contest to see who can think of the most ways to use apples! Then have an apple snack together while you compare lists.

Apples are usually thought of as being good for us. But something that is even better for us is obeying God! He knows all about us and loves us more than anyone!