



Week 4: Do You Know Who You Are?

FACILITATOR'S NOTE:

Regarding COVID: While stress from the COVID-19 pandemic is still high, be sure to check in with group members with what has come to be known as **CPR** (Care, Prayer, Remember):

- **Care** refers to loving and supporting each other, from helping one another with tangible needs, rejoicing in celebrations together, and supporting personal struggles with encouragement and empathy
- **Prayer** refers to bringing our worries and needs before God and depending on him for the answers as we pray for each other, our community, and the world
- **Remember** refers to reflecting on God for who He is, what He has done in our lives, and what He is capable of doing

For more resources on care and prayer, check out the Slack channels.

Using the Discussion Questions:

- ✓ Start your group discussion with the “Check-in” question to help your members reflect back on their week and follow up on last week’s application challenge.
- ✓ Review the “Big Idea” to help you gain clarity around the heart of this week’s message.
- ✓ Read this week’s scripture passages together and guide your group through the “Discuss” questions to initiate meaningful dialogue around key concepts or insights from this week’s message.
- ✓ Move your group discussion to a deeper level by leading them through questions in “Apply”. Use discernment to customize these application questions to meet the needs & dynamics of your group.

NOTE: You do not have to cover all the “Discuss” or “Apply” questions.

- ✓ Connect with God together as a group through this week’s “prayer practice”, which can be in the form of a prayer exercise or some guidance on what to pray for in relation to the message or application.

CHECK-IN	As you reflect on this past week’s events, what insights come up with respect to God’s purpose in your life?
BIG IDEA	There is one truth, that if we would live by it, it would change our lives: I am created in the image of God; I am beloved by God beyond my wildest imagination. This is our true identity. That is WHO I AM. Everything in our life should flow from this.

DISCUSS

Genesis 39, Luke 3:22; 4:1-13, Eph 1:4-8

1. What landed with you from this sermon?
2. Read Gen 39: 1-10. How can the blessings and success the Lord has given us be turned into sin?
3. a) False Identity: What are the indications of your identity being rooted in
 - i. I am what I do?
 - ii. I am what I have?
 - iii. I am what other people think about me?
 b) True Identity: What are the indications of your identity being that you are loved by God?

APPLY

How do we respond to God's teaching in meaningful ways? What might God ask of us in mind, spirit, or actions?

1. What are ways and practices that can move you from a false identity to a true identity?
2. Jesus resisted Satan's temptation primarily because he knew who he was and that he was the beloved Son of God (Luke 3:22). God calls us all his beloved children. How can believing this help you in resisting the Devil's lies about you?
3. In Ephesians, before Paul addressed the bad and sinful behaviours of the church, he started his letter reminding them of who they were in Christ -- loved, forgiven, and adopted (Eph 1:4-8). Think about the "mess" you find yourself in right now. How might claiming your TRUE identity help you overcome any temptations to sin? (refer back to Joseph with Mrs. Potipher, or Jesus and the devil)

PRAYER PRACTICE
(15 minutes)

During these times of great need around us, practicing prayer more regularly or intensely as a group can serve as an act of care, mission, and communion with God. We began a group **prayer chain** to support group prayer in prior weeks. *Below is a summary of the practice from prior weeks.

Let's continue it this week.

Spend some time to update each other on last week's prayer requests. Share any praises, new concerns, or developments. Continue the chain in the coming week.

***Purpose:** to spread out group prayer needs throughout the week, as each member assumes responsibility for their part. This is one way of "praying without ceasing," which the apostle Paul talks about in Scripture.

How: Ask each group member for prayer requests (it can be based on a theme, such as today's application questions, or it can be generic requests to pray for each other and others outside the group). Have someone record these requests.

Then designate a specific day of the week for each member to which every group member will pray for that member's prayer requests on their own time. This way, all members will be praying each day for the group member of the day. Send out the group prayer requests and schedule. Next week, reflect on the experience. You may be surprised at how a different rhythm of prayer can change the culture of your group and deepen their intimacy with God and each other.

Close your time together with a short and simple prayer and save these requests for the Prayer Chain during the week.

